

MENTOR

Revista de Investigación Educativa y Deportiva



Acceptance Letter

The undersigned, Ph.D. Richar Posso Pacheco, Director of MENTOR, Journal of Educational and Sports Research, is pleased to inform you that, upon completion of the double-blind peer review process, the article entitled **“Ejercicio multicomponente como estrategia para la prevención de fragilidad en adultos mayores: revisión sistemática”**, authored by **Ronald Gabriel Garces Quilambaqui e Iddar Iván Jaya Pineda** for publication on September 15, 2026, in Volume 5, Issue 15 of our journal.

It is worth noting that MENTOR, Journal of Educational and Sports Research, with Electronic ISSN: 2806-5867, is available at: <https://revistamentor.ec/> and is indexed in: EuroPub Data Base, Research Bib Academic Resource Index, Red Latinoamericana de Revistas Académicas en Ciencias Sociales y Humanidades (LatinRev), Revistas de Libre Acceso (LivRe), Directory of Open Access Resources (ROAD), Google Scholar, Crossref, Electronic Journals Library (EZB), WorldCat, AURA, DORA, HAW Hamburg, OpenAlex, Red de Editores y Revistas Científicas Ecuatorianas (RERCIE), Scilit, Sudoc, Zeitschriften Datenbank (ZDB), Mirabel, AmeliCA, Dialnet, Redalyc, and Latindex Catalog 2.0.

Issued in the city of Quito, on August 4, 2026.

Ph.D. Richar Posso Pacheco

DIRECTOR

Revista Indexada en:

